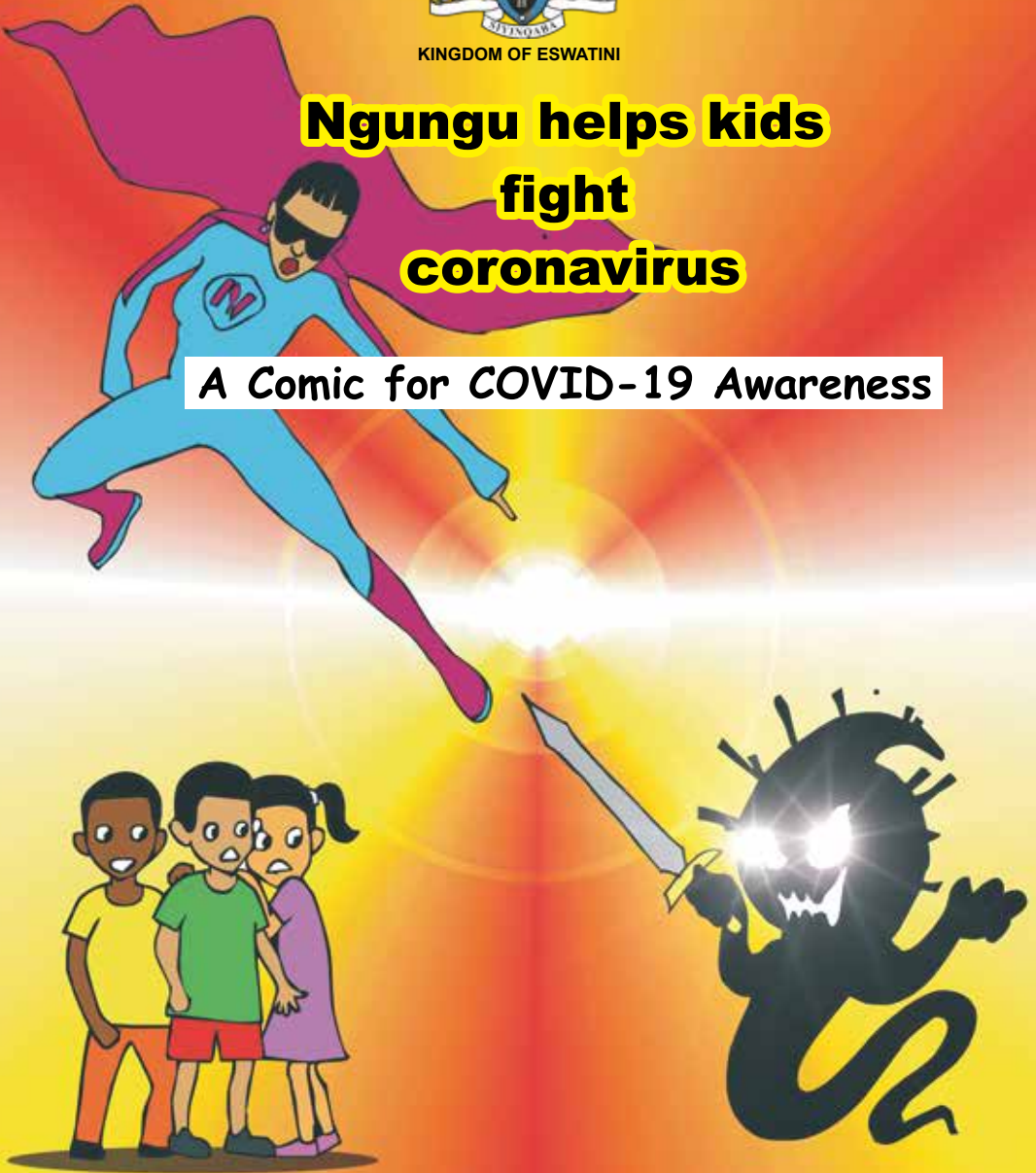




KINGDOM OF ESWATINI

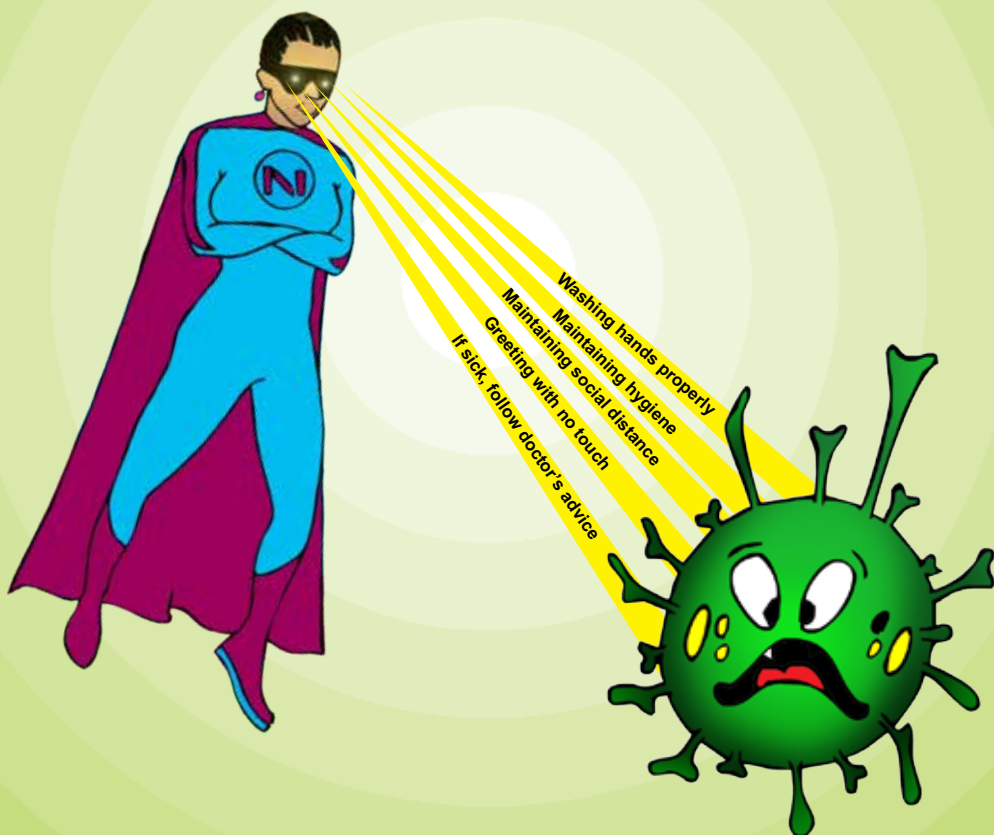
Ngungu helps kids fight coronavirus

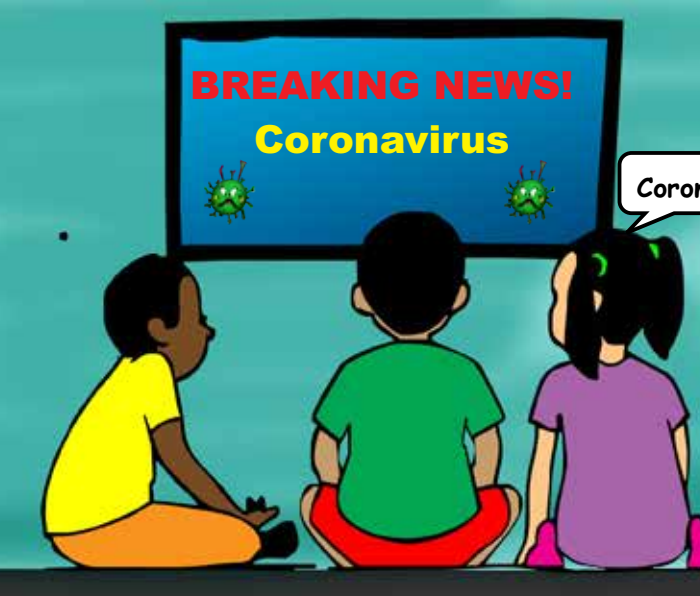
A Comic for COVID-19 Awareness



WHO WINS THE FIGHT?

NGUNGU COMES TO RESCUE TO EXPLAIN CORONAVIRUS TO THE KIDS





Corona?



Daddy, what is this on TV? something Co..oo..oo Coronavirus?

I will tell you when I come from work.



Daddy said he will tell us later. So now, whom shall we ask about coronavirus!

I know whom we should call!



Ngungu! Ngungu! Ngungu!
Come please help us,
Come and help us please!




Oh, kids seem to
be panicking. I must
visit them.



What happened
kids?








Ngungu, are there other ways through which the virus can get us?

Yes, you can get the virus from touching surfaces that have been touched by someone who has the virus.



Really?

This is why, doctors and teachers always advise that you cover your mouth with a flexed elbow....




What does a virus do in our body?

Once the virus enters our body, it multiplies and then make us sick.




So they make us sick?


Yes, when the virus multiplies in millions in our bodies sometimes the body fights the virus and we get well.




Ngungu, please explain how coronavirus is different from other viruses?



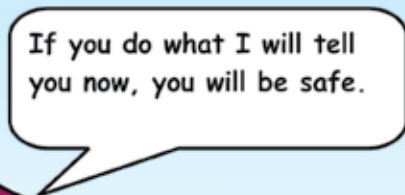
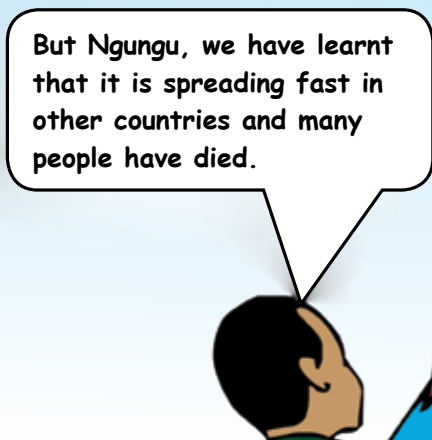
No, coronavirus is just like any other virus which causes Flu.



What are the symptoms of coronavirus?



Cough, Headache, Fever and difficulty in breathing are the symptoms which may appear after you get coronavirus.





In the past we have seen other diseases that killed even more people like Ebola

Really we have faced more deadly viruses in the past.

Yes, the number of people who die from coronavirus is low and we will all be fine.




So, we do not need to worry about coronavirus?



Yes, we do not need to worry but, we need to be careful, and should not panic about coronavirus.






Yes, Ngungu, we are strong and won't panic about coronavirus but please tell us what we should do to defeat this virus?

Yes you can by following simple steps.

Can you really defeat it?


Really, can we control the spread of coronavirus and prevent ourselves from getting it?

Yes, there are few simple ways through which you can keep yourself and your families safe.



Wow.... This is interesting
that we can defeat coronavirus

Please tell us more
Ngungu



Ok kids, I will tell you simple
steps to follow not only for
coronavirus but also other
viruses and germs



First step is that we need to be clean and wash your hands with soap and running water.



How we wash our hands properly kill germs?



The germs and bacteria hide at places where it is hard to kill them.
So, we need to wash our hands properly. Now follow with me these seven steps

WATER AND SOAP



BETWEEN YOUR FINGERS



PALM TO PALM



WASH YOUR WRIST



HOW TO WASH YOUR HANDS?



FOCUS ON THUMBS



BETWEEN NAILS

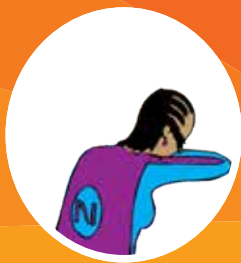


DRY THEM

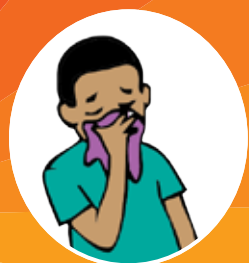


LET'S DO THIS TO AVOID THE VIRUS

When sneezing cover your mouth and nose with bent elbow.



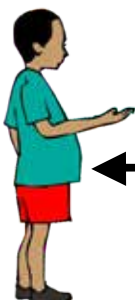
Cover your mouth and nose when coughing



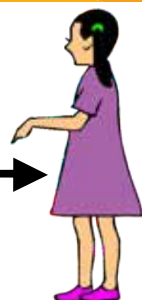
Keep distance when greeting



Keep distance of 1 meter in between when talking.



1 METER





**Your hands are only truly CLEAN
when washed with SOAP and clean
WATER**



unicef  | for every child



**KUGEZA TANDLA NGENSIPHO
NEMANTI LAHLOBILE**

Kwenta tandla takho kutsi tihlanteke




unicef  | for every child

If you have a cough, fever or difficulty in breathing, contact a doctor immediately and follow the advice given by your doctor.

Great! these are simple steps to defeat coronavirus and other germs.






Thank you, Ngungu! These are simple steps and in this way we can defeat the coronavirus.

This panel shows three children (two boys and one girl) standing and talking to a woman dressed as a superhero. The superhero is wearing a purple suit with a blue cape and a circular emblem on the chest. The children are wearing a yellow shirt, a purple shirt, and a green shirt. They are standing in front of a building with columns.

Yes kids, together we will defeat coronavirus and other infections.
Let's follow the simple steps and be heroes in preventing the disease.



Yayyyyyy!
That's a good break to the chain of infection.

This panel shows two children (a girl and a boy) celebrating with their arms raised. The superhero woman is standing next to them, looking at them. The background is a blue sky with clouds.

That's good, please teach your friends all the steps I have taught you.



Oook, let me
go first..!



**FREQUENTLY WASHING HANDS
WITH SOAP AND CLEAN WATER.**

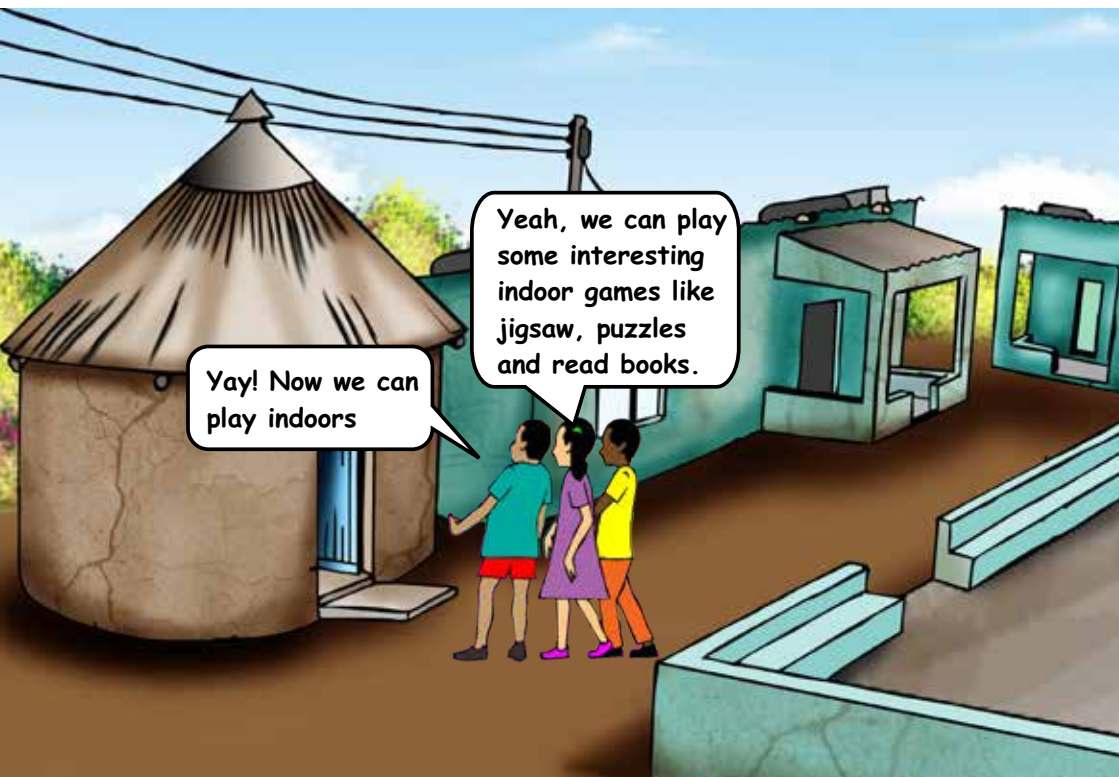
**WHEN COUGHING OR SNEEZING COVER
MOUTH AND NOSE WITH BENT ELBOW
OR USE TISSUE PAPER.**

**OPEN WINDOWS IN CLASSES AND
SCHOOL HALLS.**

**IF YOU HAVE FEVER, ARE COUGHING
OR SNEEZING STAY AT HOME AND SEEK
MEDICAL CARE AT THE NEAREST HEALTH
FACILITY OR CALL 977.**

**AVOID CONTACT WITH PEOPLE SUFFERING
FROM FEVER AND COUGH.**





Adapted from: Kids, Vaayu and Corona- who wins the fight by Dr Ravindra Khaiwal and Dr Suman Mor

**For more information call 977
or visit the nearest health facility**

