



KIDS, VAAYU & CORONA 2:

Can we Defeat Pandemic?

A Comic for COVID-19 Prevention



Pandemic: World wide spread of a new diseases for which people do not have immunity.

Prevention: Simple steps to remain safe, prevent infectious disease such as COVID-19.

Dr. Ravindra Khaiwal
Dr. Suman Mor



Kids, Vaayu & Corona 2: Can we Defeat Pandemic? (A comic series for COVID-19 Prevention)


There is growing concern and perceived threat about the Coronavirus among common citizens. The population of all ages is making use of available media such as newspapers, social media and television to make themselves aware. From adults to children, most of the discussion these days are centering around the Coronavirus. But for children, especially those below the age of 14 years, Coronavirus has become a cause of concern as they are not able to comprehend the talks and getting worried. The parent should talk to them and resolve their queries so they do not panic.

Sometimes parents might be busy and they might not be able to resolve their queries. Considering this PGIMER- Chandigarh, India and Panjab University- Chandigarh, India created this second part of the comic to make children aware about the threat of Coronavirus and clear some of the doubts and how to remain safe through simple precautionary steps. This comic is created to learn, along with fun and motivate children to be a hero of prevention by defeating corona and other infectious germs.




Technical Support:







Kids are playing indoor, and one kid (Adi) receives a telephone call, and he seems jumping.



Adi, What happened. Why are you so happy?




My father was in Italy for a business trip, and he will be back today.




You know, he went for 3 months, but he is coming early!



This is good news



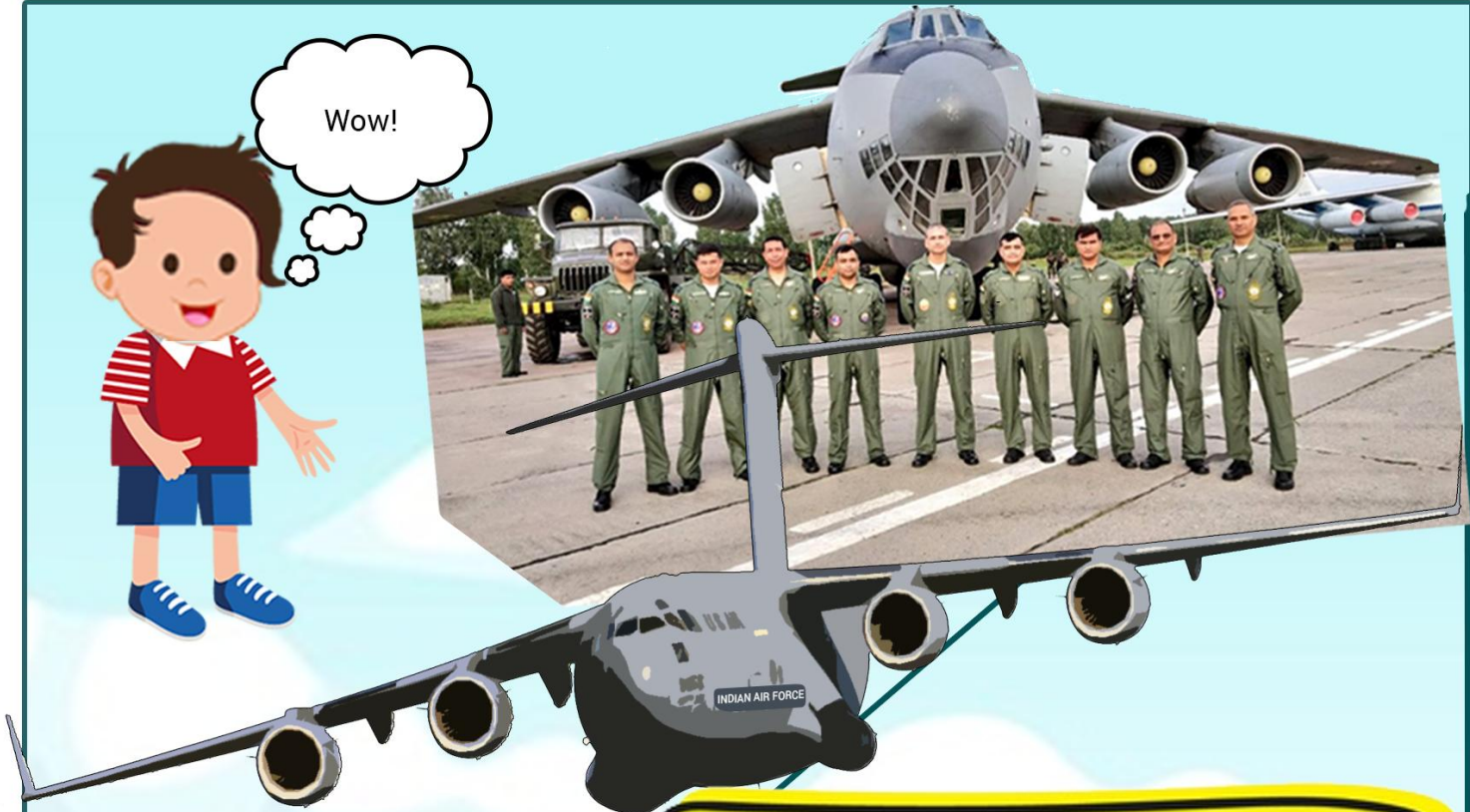
But why? All well!



You remember, Vaayu told us about Coronavirus infection. That virus has spread fast in Italy and other countries.



Wow!



Globemaster is a big aeroplane used for transportation and also for carrying/evacuating affected people during disasters.



Thank you
Indian Air Force ❤️



The next day, when kids meet!

You look worried, Adi?
Is your father back?

Yes, my father is
back. But I cannot
meet him for at least
two weeks.

I talked to Mom, and she told
me that he is coming back from a
country affected by Coronavirus and
hence put in quarantine
for two weeks.

Ohh, that's why you
are panic! But why you
can't meet your father.

Qu.. Qu.. Quarantine?





Adi starts weeping and Kids seems worried.

Do not panic, Adi!
Your father will be fine,
and everything will be ok!



Yes, but I am worried.
I have a lot of queries
who can help!



Let's talk to Vaayu.
He is our best friend and
will help us.



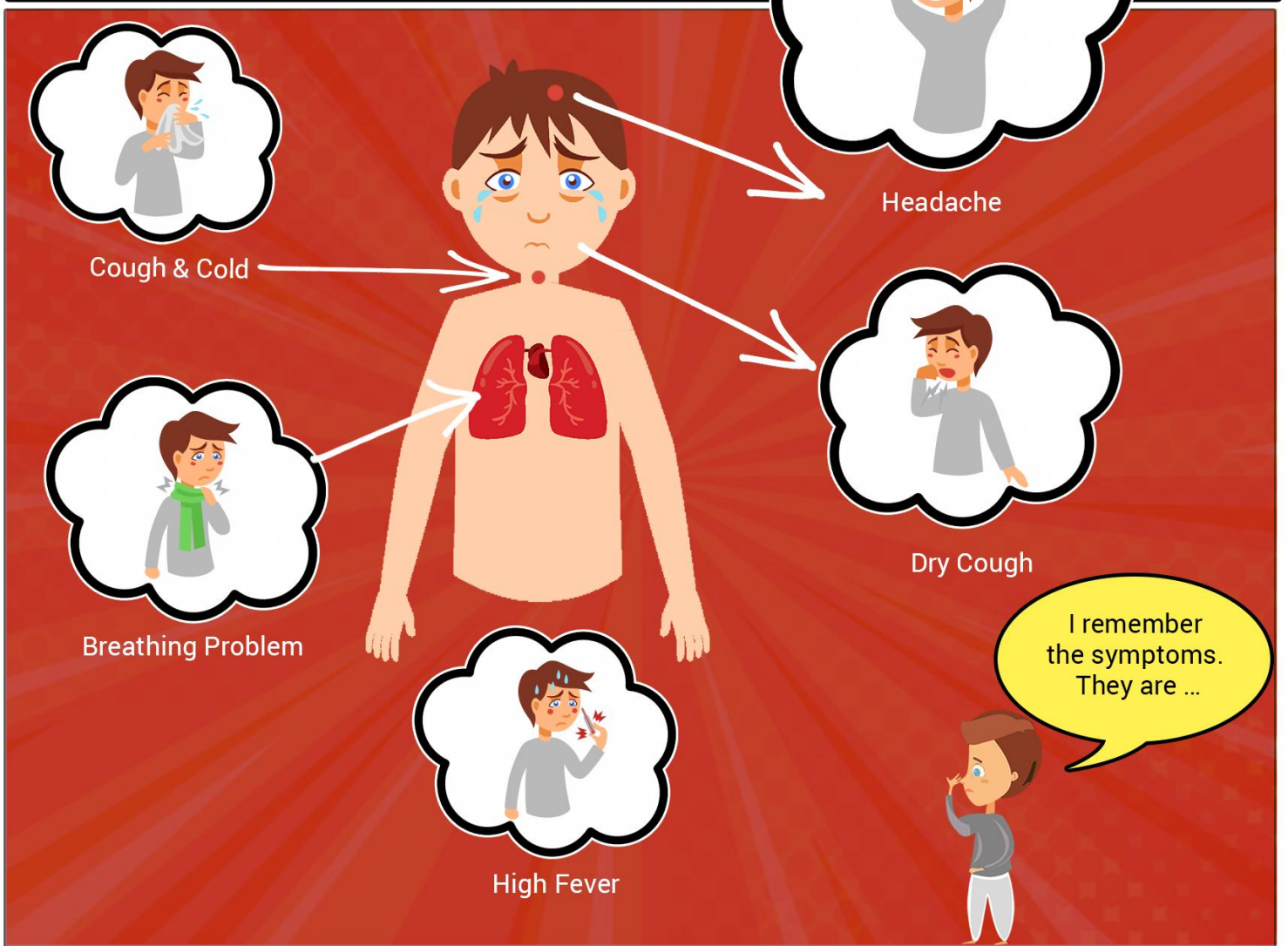
Vaayu! Vaayu! Vaayu!

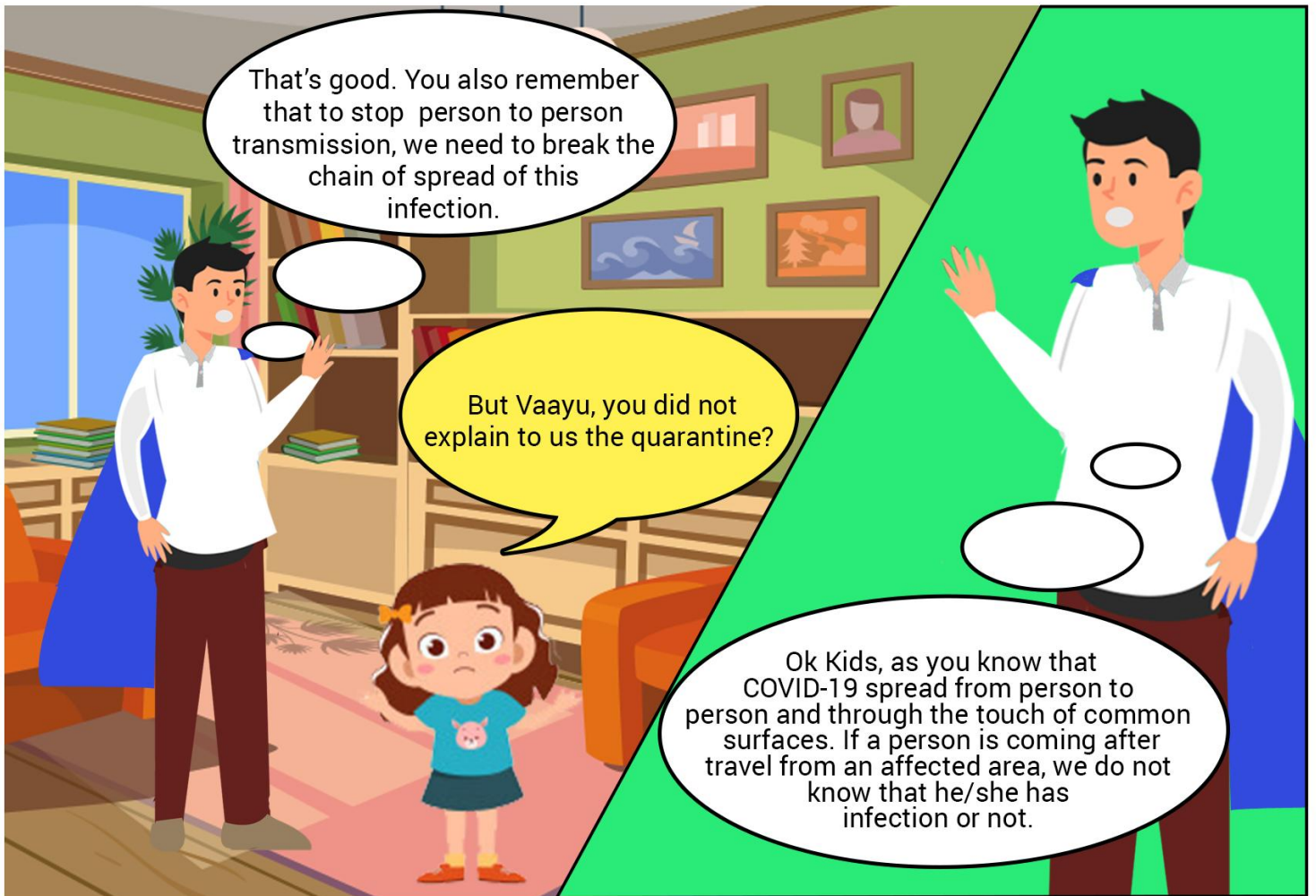


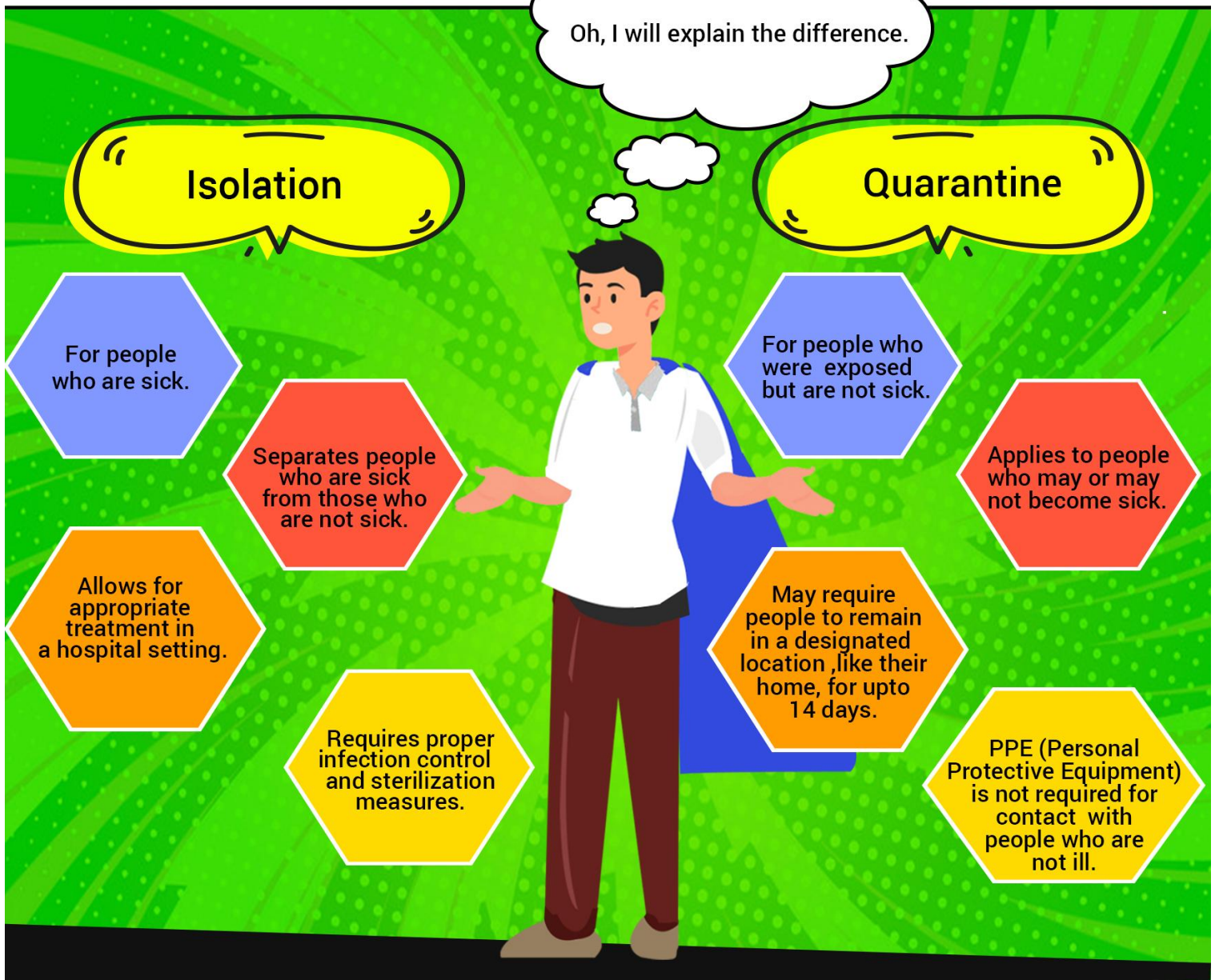
ohh!
The kids seem to be panic!
I must visit them.

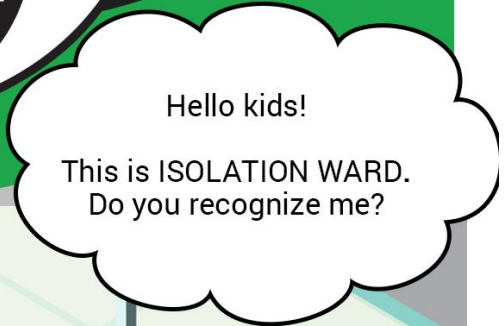
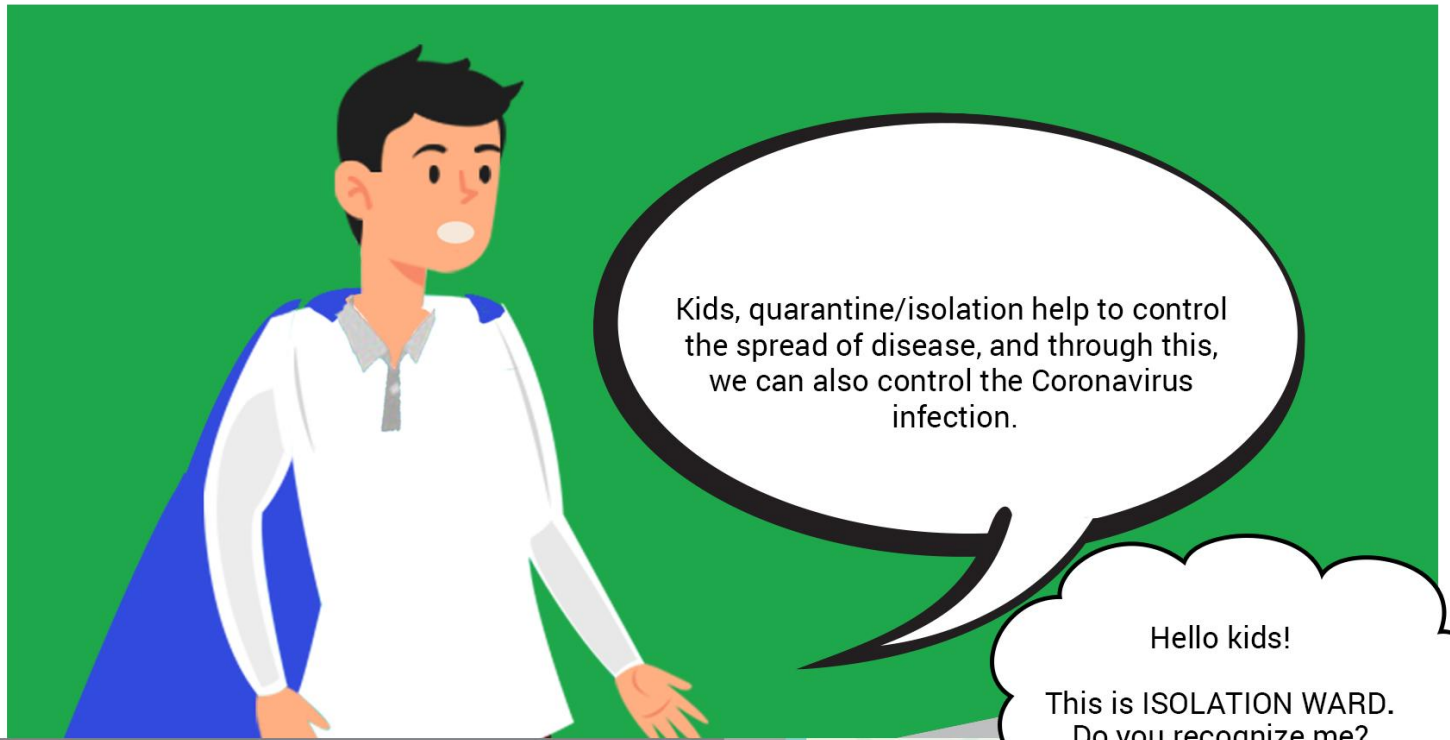


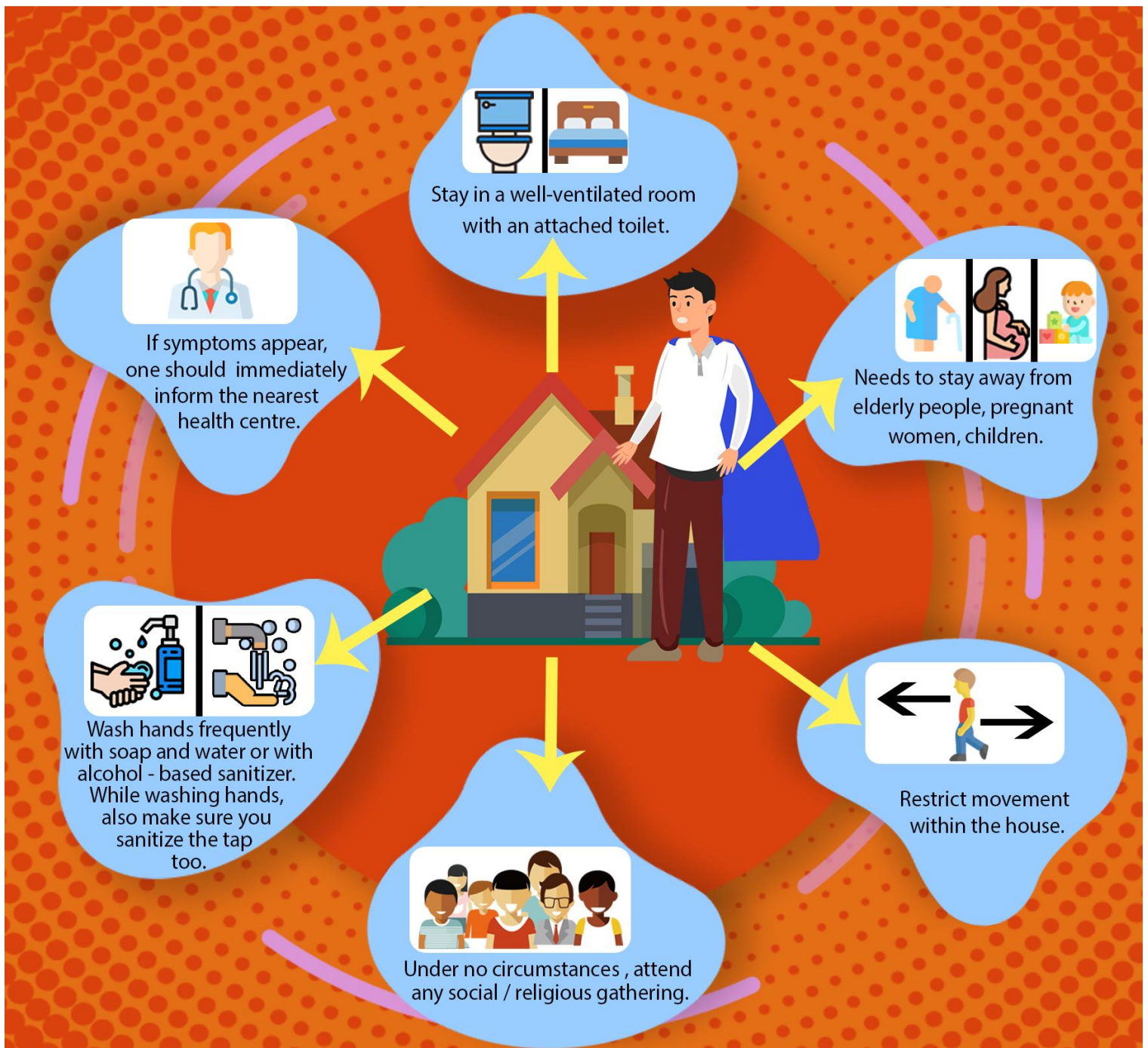








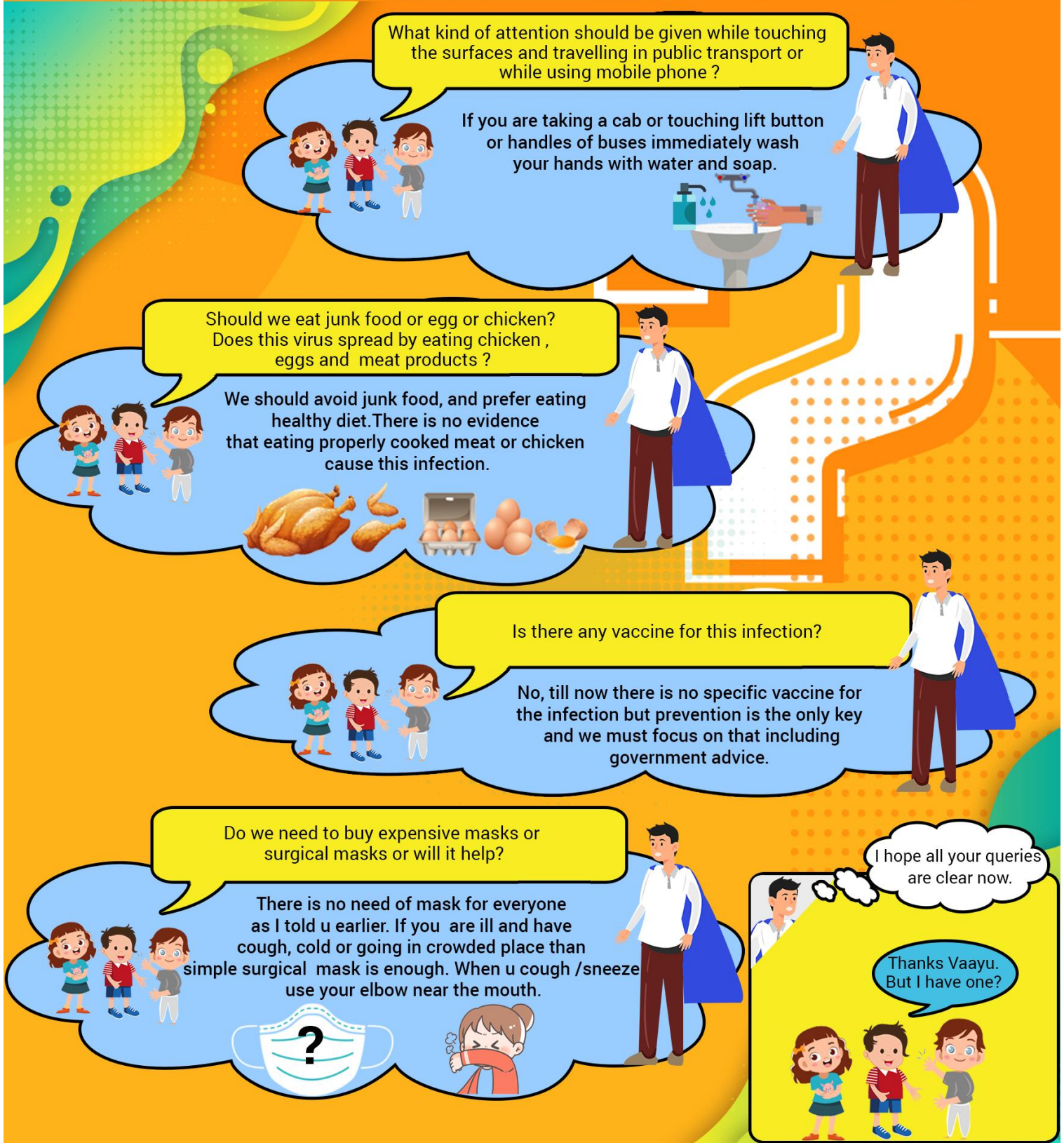






Thanks Vaayu,
we also have some
queries.

Ok! Please ask me.
I will clear all your doubts.



What kind of attention should be given while touching the surfaces and travelling in public transport or while using mobile phone ?



If you are taking a cab or touching lift button or handles of buses immediately wash your hands with water and soap.



Should we eat junk food or egg or chicken?
Does this virus spread by eating chicken ,
eggs and meat products ?



We should avoid junk food, and prefer eating healthy diet. There is no evidence that eating properly cooked meat or chicken cause this infection.



Is there any vaccine for this infection?



No, till now there is no specific vaccine for the infection but prevention is the only key and we must focus on that including government advice.

Do we need to buy expensive masks or surgical masks or will it help?



There is no need of mask for everyone as I told u earlier. If you are ill and have cough, cold or going in crowded place than simple surgical mask is enough. When u cough /sneeze use your elbow near the mouth.

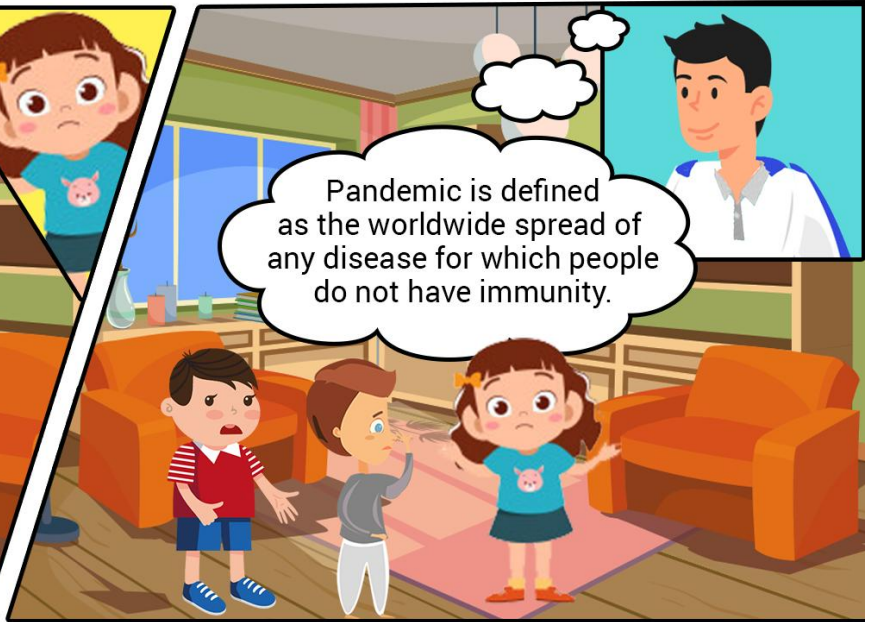
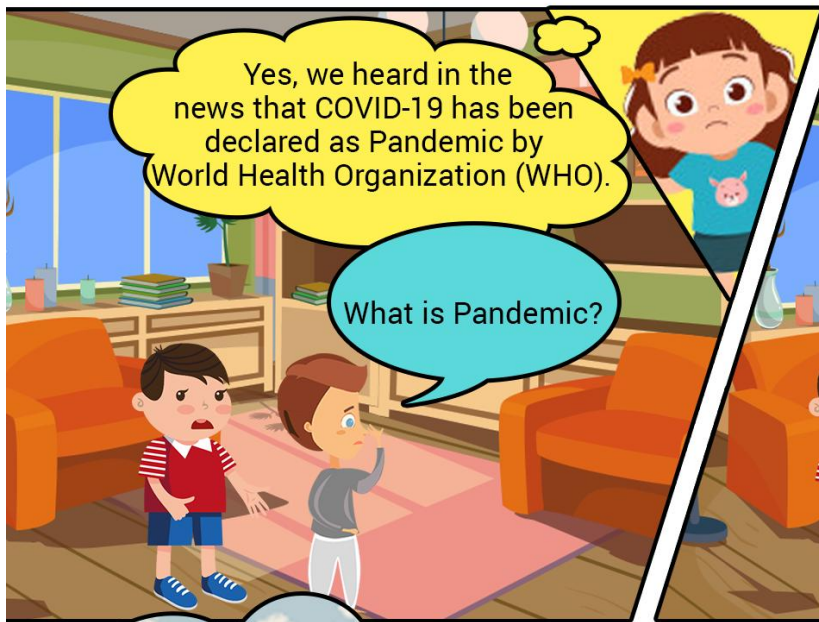


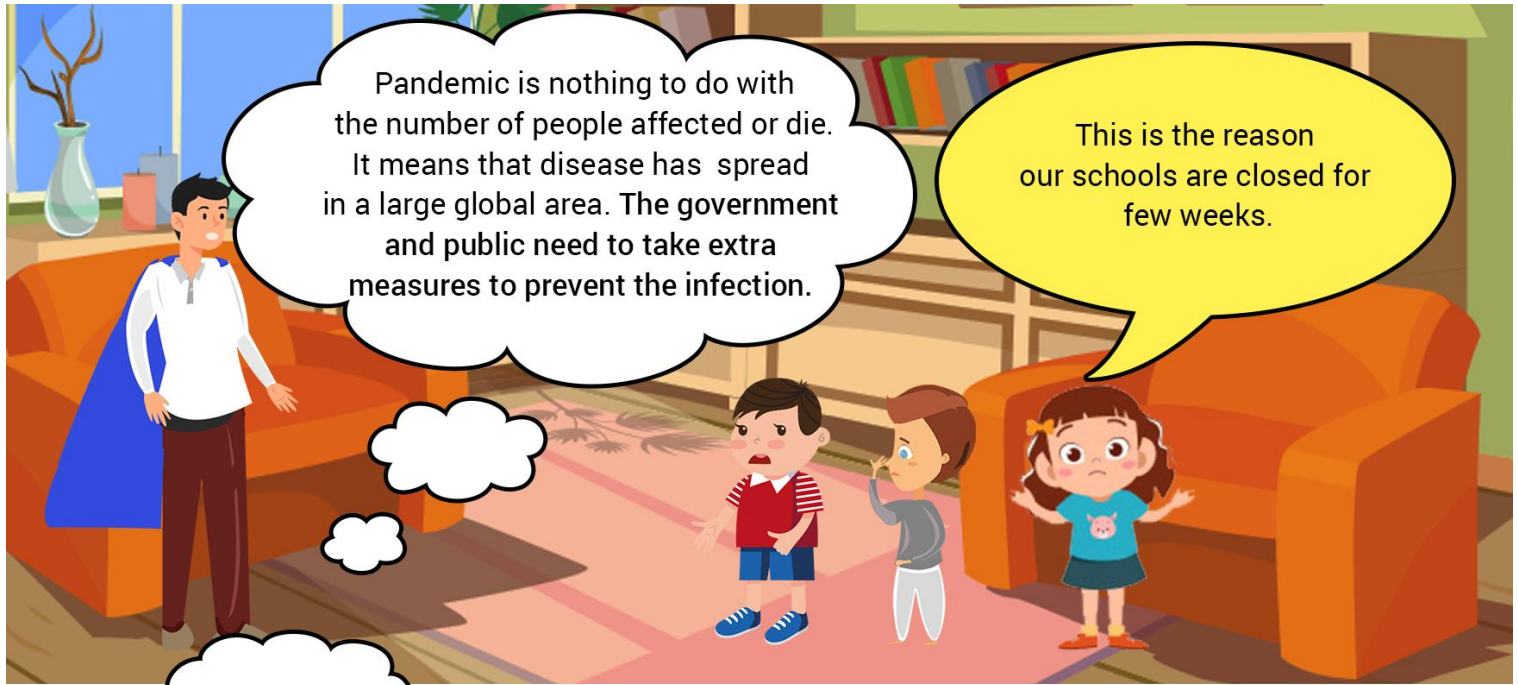
I hope all your queries are clear now.



Thanks Vaayu.
But I have one?



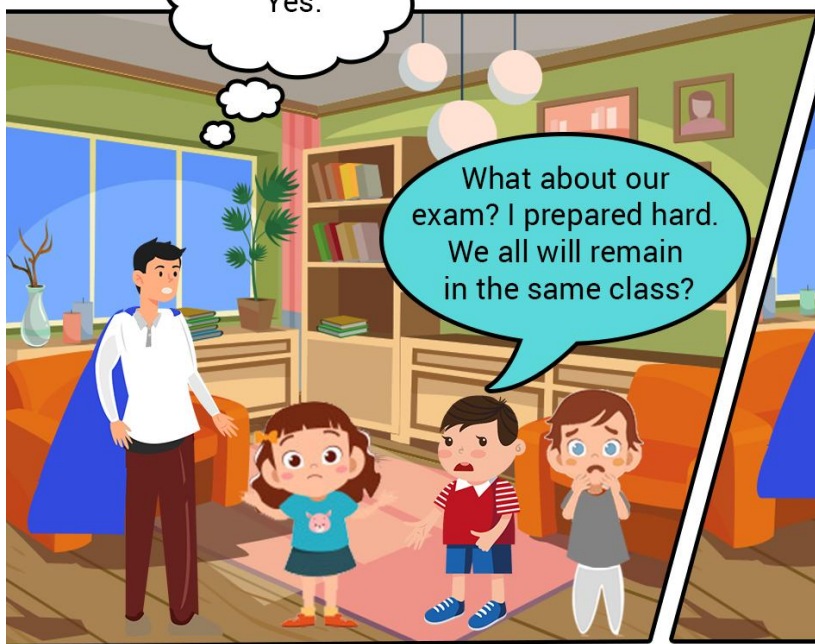




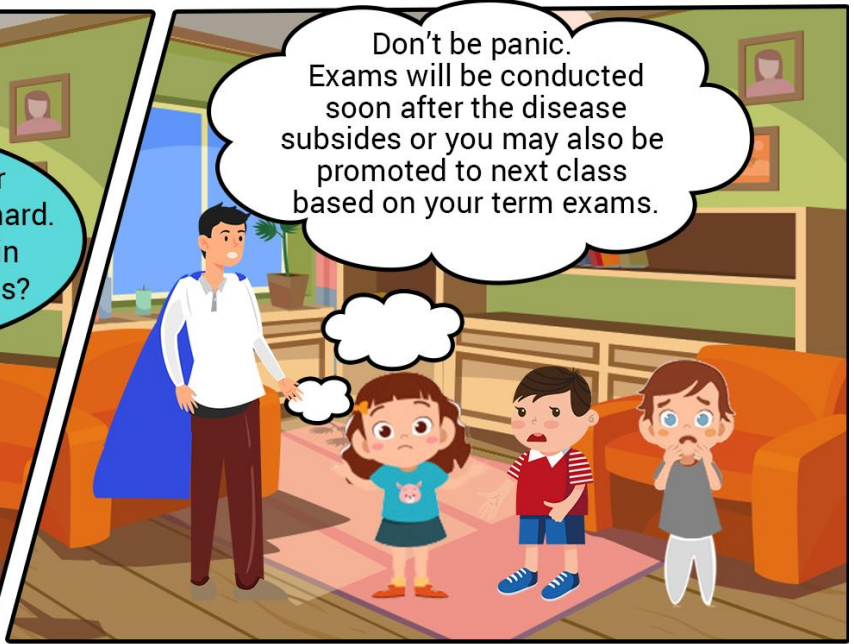
Pandemic is nothing to do with the number of people affected or die. It means that disease has spread in a large global area. The government and public need to take extra measures to prevent the infection.

This is the reason our schools are closed for few weeks.

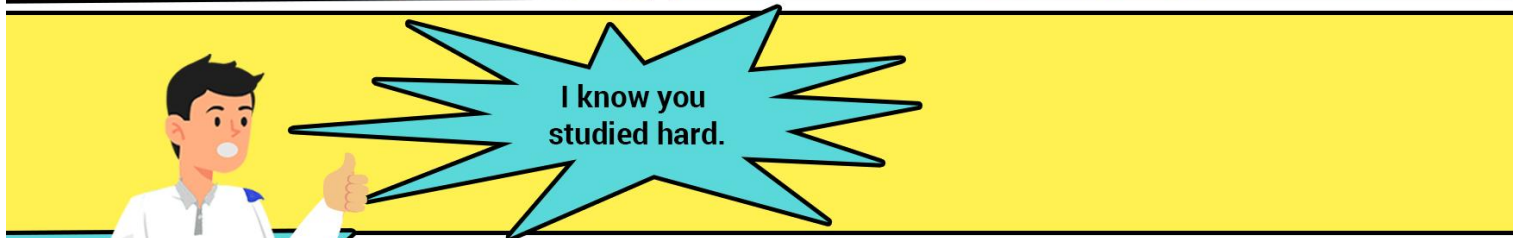
Yes.



What about our exam? I prepared hard. We all will remain in the same class?



Don't be panic. Exams will be conducted soon after the disease subsides or you may also be promoted to next class based on your term exams.



I know you studied hard.

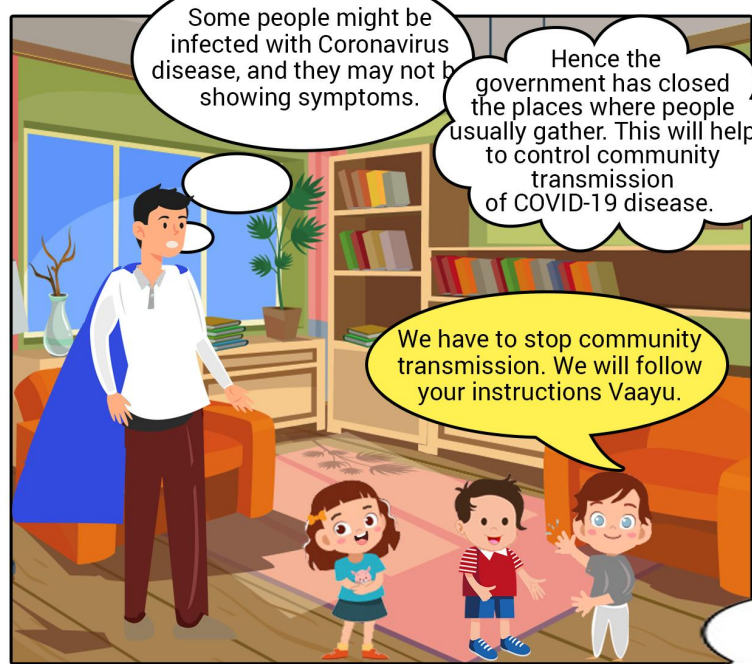


Why colleges, big gatherings, cinema and malls are also being closed?



STAY HOME
Do you remember that I told you to avoid going to public places and if needed to go, wear a mask as the disease spreads through person to person and also by touching common surfaces.

Yes!
We remember.



Some people might be infected with Coronavirus disease, and they may not be showing symptoms.

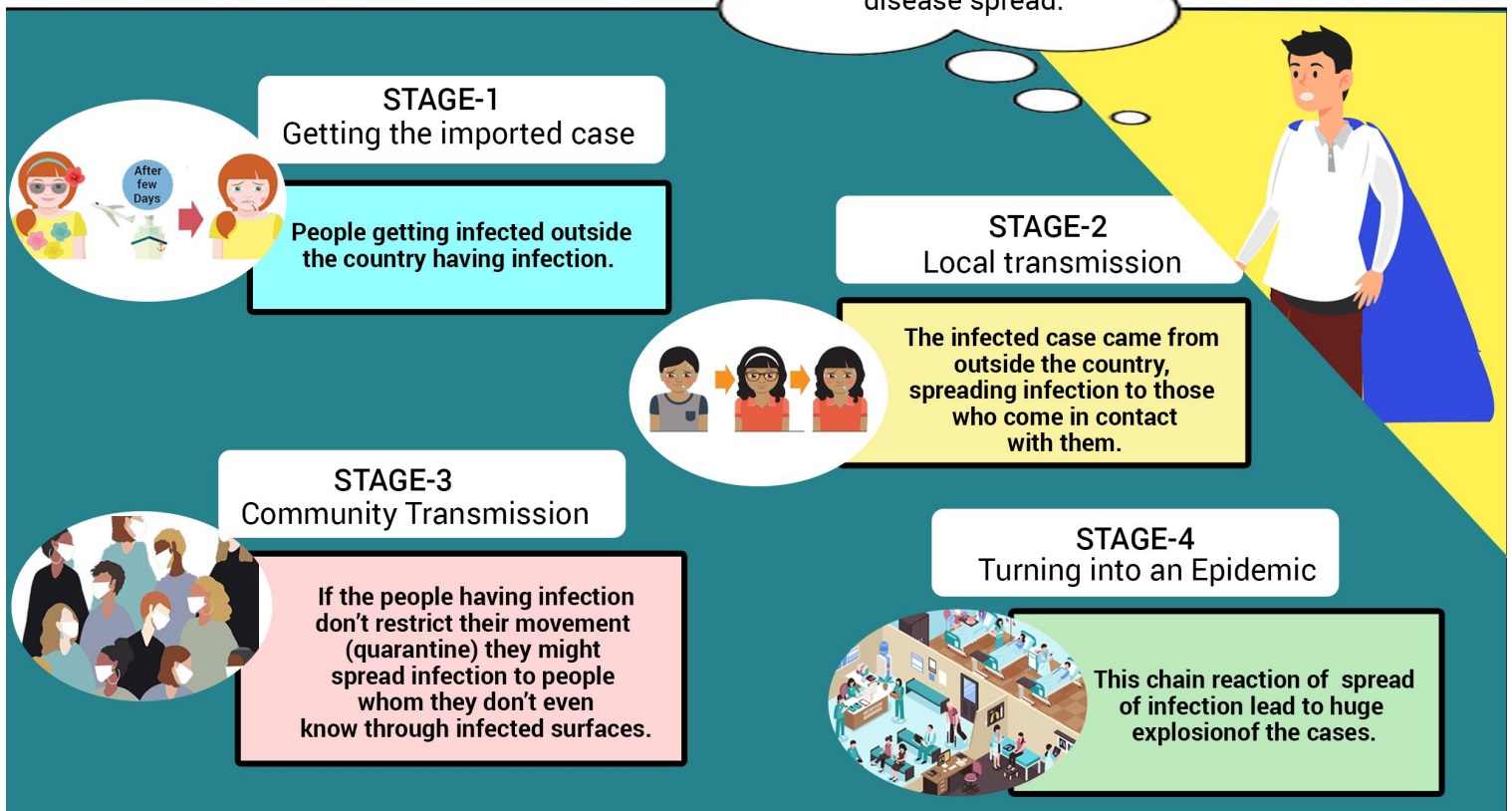
Hence the government has closed the places where people usually gather. This will help to control community transmission of COVID-19 disease.

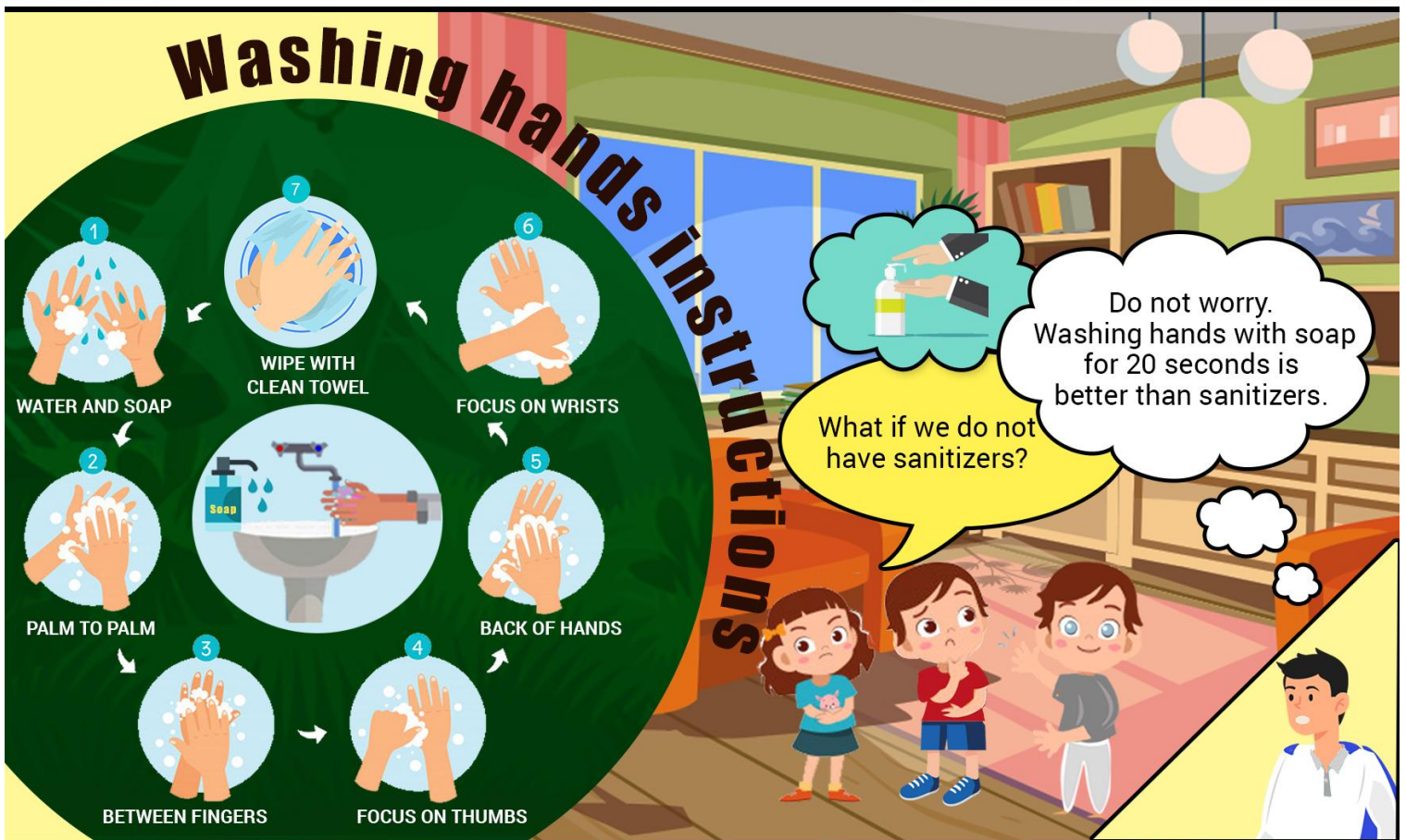
We have to stop community transmission. We will follow your instructions Vaayu.



But Vaayu i don't understand how Community Transmission happens?

There are 4 major stages of this disease spread:







Don't visit, Malls, Cinema & attend social gathering and big mass events



Don't visit friends and relatives who show flu symptoms



Clean floor using common household disinfectant



Other Steps Include

Follow Government advice
Janta Curfew
22nd March 2020
7am to 9pm



Stay at home. Read good books, play indoor games, spend time at home with family



Don't fear and support friend or family member in panic



Take precautions while sneezing & coughing

What else can we do to defeat the Coronavirus?



Eat healthy diet



Yoga and Meditation



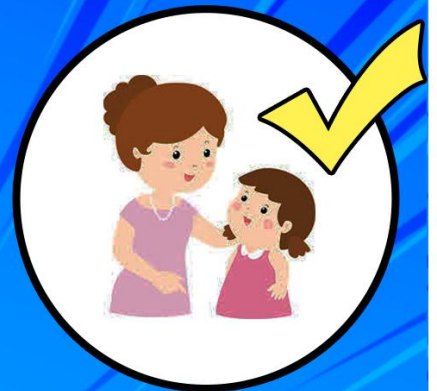
Plenty of fluids



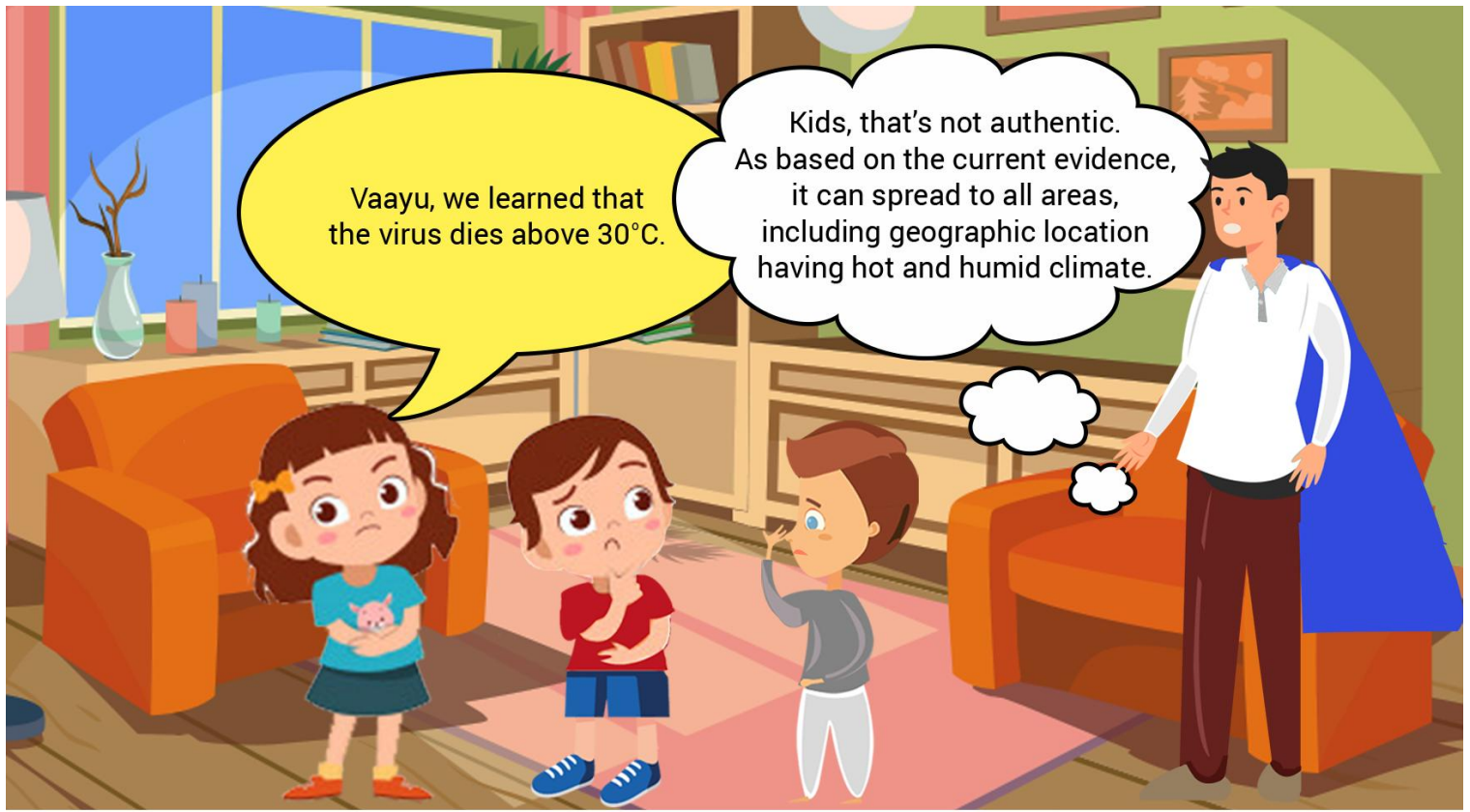
Stay home



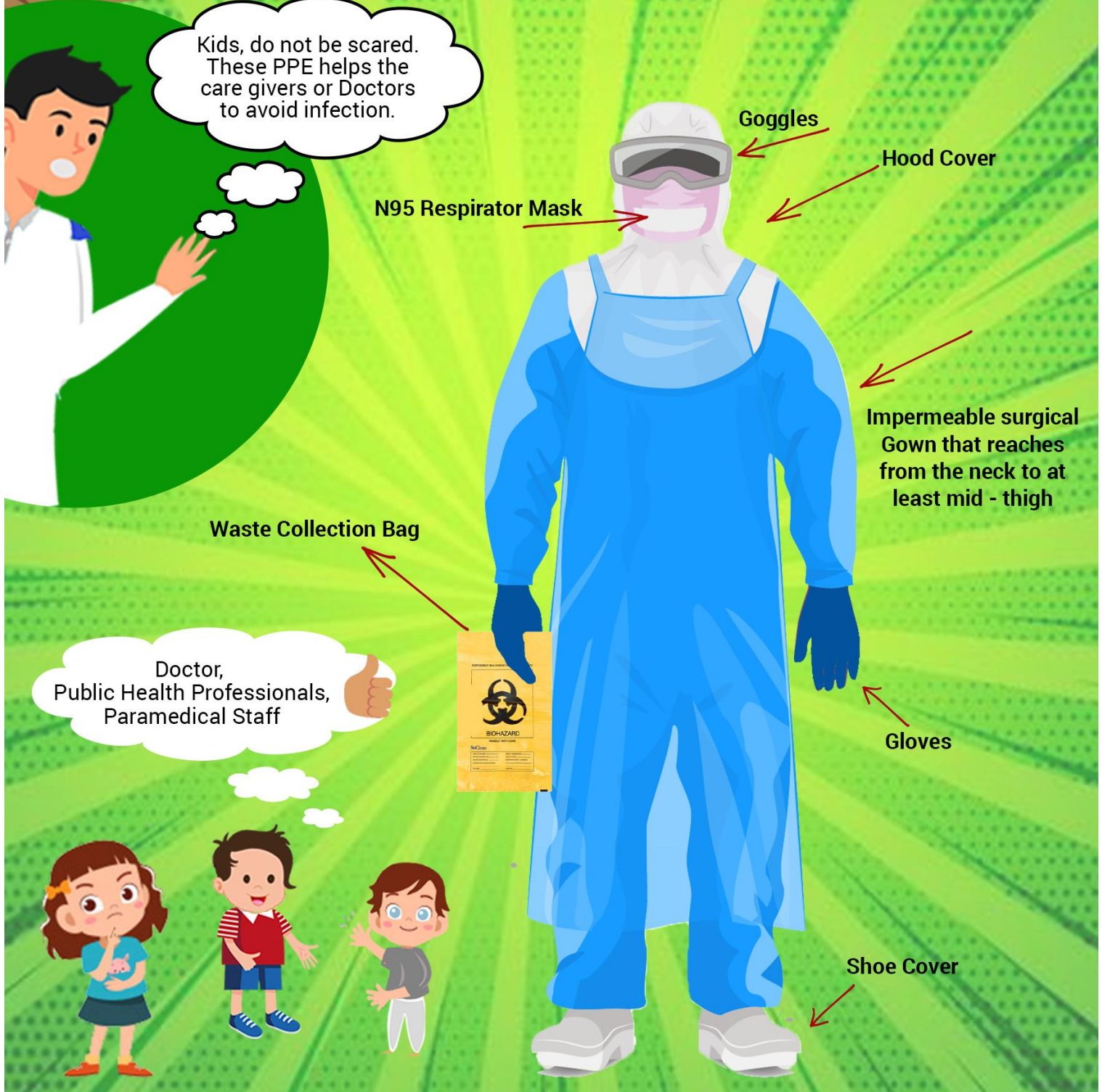
Eat thoroughly cooked meat

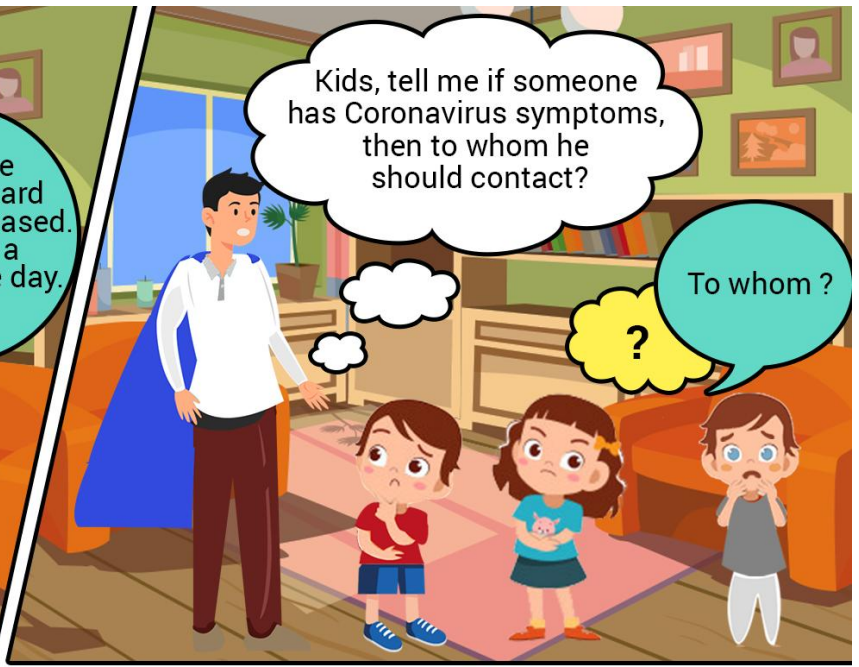


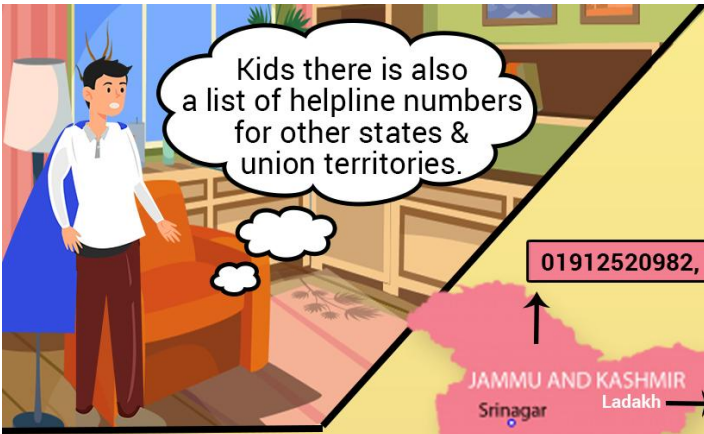
Follow parent's advice











Kids there is also a list of helpline numbers for other states & union territories.




सत्यमेव जयते

Government Of India



Helpline Number :
 1075,
 +91-11-23978046
 Email Id : ncov2019@gov.in,
ncov2019@gmail.com





A person with symptoms must tell upfront his recent travel history to the doctor. This will help him to diagnose and treat faster.

This is great Vaayu, Thanks for your help !

Ok kids be safe, bye!

Bye Vaayuuuuu! Meet you next time.

But what happen to Adi father?

After two weeks...

Adi's mom is coming in a car with his father. They all are happy.



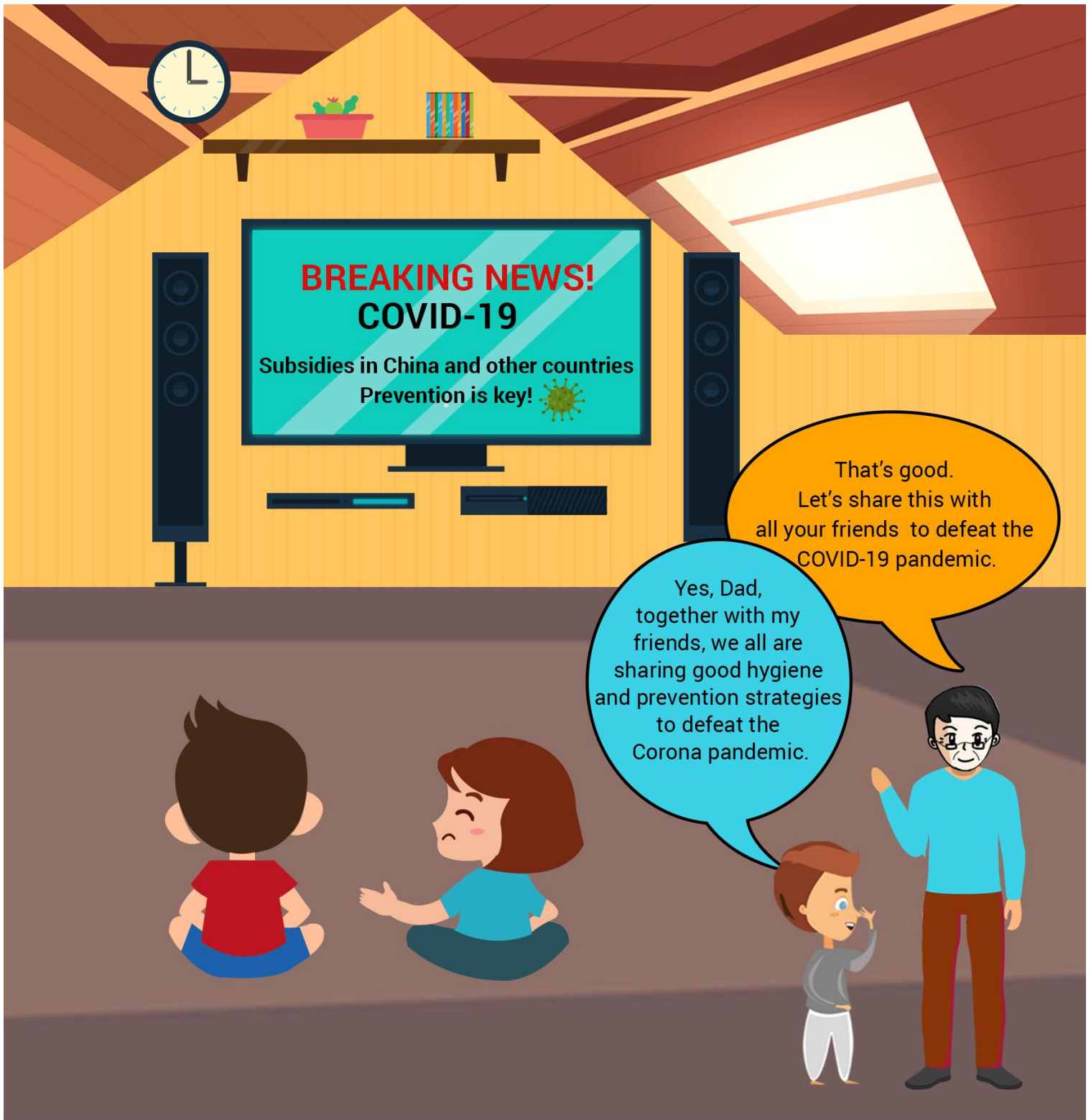
What he taught you?

He taught us how we can defeat Coronavirus by simple steps.

He gave us public health shield to defeat Coronavirus.

Simple Action for Corona Prevention







Are you talking about the book made by Environment & Public Health Professionals of PGI and PU Chandigarh.

Yeah, dad! They are bringing more comic soon on promoting our health and saving environment.



Good. You must read their comic to save environment and for better health.

Let all be safe, healthy, happy by adopting simple hygiene.

Public Health Shield for COVID-19 Prevention



Vaayu Shield to Defeat Coronavirus: Vaayu, the superhero of this comic, prevented the spread of Coronavirus and defeated it using a shield of public health approach.

This shield is powered by knowledge and experience of the public health experts, medical practitioners, paramedical staff, and other stakeholders who all are working together to stop the spread of Coronavirus and defeat it.

Vaayu is grateful to all of them and especially children, who helped him to win the fight against Coronavirus.

Concept, Script and Idea: ©

Dr. Ravindra Khaiwal

Additional Professor of Environment Health
Department of Community Medicine and School of Public Health
PGIMER, Chandigarh -160012, India

Khaiwal@yahoo.com, Khaiwal.ravindra@pgimer.edu.in



Dr. Suman Mor

Associate Professor and Chairperson
Department of Environment Studies
Panjab University, Chandigarh -160014, India
sumanmor@yahoo.com, sumanmor@pu.ac.in



Contribution:

Lakshya Khaiwal, Chitkara International School, Chandigarh, India

Aaditya Khaiwal, Ankur School, Chandigarh, India

Kirti Dutt & Anchita Thakur, Panjab University, Chandigarh, India

Graphics: Sonali Verma, Panjab University, Chandigarh, India

Support: Shruti Govil, Tanbir Singh, Sahil Kumar, Akash Biswal, Nitasha Vig & Akshi Goyal



Technical Support:

National Centre for Disease Control (NCDC), New Delhi, India

Acknowledgement:

Health Care Without Harm (HCWH)
Chandigarh Pollution Control Committee (CPCC)
Ministry of Environment, Forest and Climate Change

